

## **Abstract**

Title: Sport aspects in basketball training of children and youth in Lithuania and Czech republic

Work aims: To find differences or common trakte in trainnig children and youth and to gain information needed to raise the duality of basketball as one. The search for welfare mistakes in development of Czech children. To get close to the Lithuanian training mock u pand aspects of physical education of players.

Method: Method of questioning by form of applications (questions with available answers). Personal views and thoughts acquired from own experience in Czech schools and Czech teams in comparison and experinence in Lithuania on as exchange program in 2007.

Results: With this diploma thesis we would like to contribute to work improvement with young people and try to bring my ideas closer to others slony with training philosphy and physical education. Based on basic guidelines to show or kontrast views of Czech and Lithuianian coaches who worked or work with young peopla and to find out where the differences if theraq are. To make Czech coaches understand Lithuanian view of basketball training.

Keywords: basketball, children and youth, trainnig